

CDN/CHPCP Advance Care Planning –Train-the Trainer Sessions (Nov/Dec 2024)

Resources to share with individuals/carers/health professionals

Level of interest/readiness

Pre-contemplative:

[Identifying Your Substitute Decision-Maker \(SDM\) in Ontario | Advance Care Planning Ontario](#)

Contemplative:

[Prepare with Your Substitute Decision-Maker : Advance Care Planning Ontario](#)

Planning:

[Ontario ACP Workbook: Guide to SDM Selection & Healthcare Preferences](#)

[Go Wish Game – Coda Alliance](#)

[Stepping Stones Available Now Online! – Bruce Peninsula Hospice](#)

[Ontario ACP: Reflecting on Your Values and Healthcare Wishes | Advance Care Planning Ontario](#)

Illness Understanding:

[The stages of Alzheimer's disease | Alzheimer Society of Canada](#)

Resources for Caregivers:

[conversations_decision-making.pdf](#)

[CCHCE](#)

[For Caregivers of People with Alzheimer's or Other Forms of Dementia](#)

[Conversation-About-Decision-Making-en-Alzheimer-Society.pdf](#)

Resources for Clinicians:

[ACP-Conversation-Guide-Clinician-Primer.pdf](#)

[IllnessTrajectoryComplementaryConversationGuides_EN.pdf](#)

[3 Questions to ask yourself that make difficult conversations about serious illness easier: Factsheet - Canada.ca](#)

[Person-Centred-Decision-Making-Documenting-Goals-of-Care-Discussions.pdf](#)