



Champlain
Dementia Network

Réseau de la démence
de la région Champlain

Every person in Ontario has a Substitute Decision Maker *Who is Yours?*



If you have a legally appointed SDM they outrank a family member SDM.

1. Court Appointed Guardian
2. Attorney for Personal Care
3. Representative appointed by Consent and Capacity Board



If you do not have a legally appointed SDM, a family member is automatically your SDM.

4. Spouse or Partner
5. Parents or Children
6. Parent with right of access only
7. Siblings
8. Any other relative



If you don't have a legally appointed SDM or a family member SDM, the default SDM for you will be...

9. Public Guardian and Trustee

The healthcare team uses the hierarchy listed above to determine your SDM. Complete a Power of Attorney for Personal Care to ensure that your SDM is the person you want.



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Advance Care Planning *What should you and your SDM talk about?*



Your goals

What does quality of life mean to me? How do I want to spend my days? (time in nature, listen to music, look after my personal care)



Your worries

What would not be acceptable to you in any way? Loss of dignity is different for every person.



Your strengths

What or who gives you strength? (religion, family, information)

For more Information:

www.advancecareplanning.ca/resource/ontario